



tegy Well-Rounded & Ready

Learning Framework

Everyone has many roles and responsibilities in life: home and work are two important ones. At different times in life, some of the skills may be more needed than others. Others are important at every stage of life -- though perhaps the nature of the skill adapts as one ages.

How often is each of these 28 competencies important in...	...my own life at home.	...my own life at work.	...our school. We intentionally prepare experiences for all students.	Notes:
Learn Academic Competencies				Where could we incorporate this competency into our daily school experiences more intentionally. Or Who at our school prepares students well for this competency?
1. Hone Reading skills.				
Hone Writing skills.				
Hone math skills.				
2. Develop knowledge in science, technology & engineering.				
3. Understand historical contexts.				
4. Organize & interpret data.				
5. Analyze & synthesize concepts.				
6. Research & report.				
7. Build mental stamina.				
Organize Professional Competencies				
8. Understand responsibilities.				
9. Manage time effectively.				
10. Organize multifaceted projects.				
11. Communicate effectively.				
12. Stay focused & work diligently.				
13. Set priorities & follow through.				
14. Complete high-quality work.				
Solve Group Competencies				
15. Collaborate & network.				
16. Understand perspectives.				
17. Evaluate information.				
18. Adapt to change.				
19. Solve problems.				
20. Negotiate strategies.				
21. Inspire confidence and earn trust.				
Thrive Personal Competencies				
22. Maintain health.				
23. Manage stress & challenges.				
24. Build & sustain relationships.				
25. Manage finances & resources.				
26. Nurture creativity & passion.				
27. Persevere & seek help.				
28. Cultivate self-awareness.				

Directions

Avoid thinking too long about each. Your first instinct is fine.

Write the number for each answer in the boxes to the right of each competency.

FIRST

Rate how each competency matters in your own life

- 1 = Virtually every day
- 2 = At least weekly
- 3 = At Least monthly
- 4 = Occasionally
- 5 = Rarely
- 6 = Never

- What trends do you notice?
- Was anything surprising or noteworthy to you?

SECOND

Using the key below reflect about your classroom, school, district or network, rate each competency.

- 1 = We are great at developing this area for all types of learners.
- 2 = We have pockets of greatness at this.
- 3 = This is a high priority for us. We specifically are working to improve in this area.
- 4 = We know this matters, but have not focused too much on it formally.
- 5 = This is not an important area for us as a school.
- 6 = Developing this area should never be a school's role.

- What types of experiences are best suited to develop different competencies?
- How might instruction look different to address more of the competencies successfully?
- Are there times throughout a day/year where we could focus better on different areas?
- For students with learning disabilities, how might our current school model be creating potential barriers to growth in different areas?
- Which of our students might thrive in an area(s) if we created intentional opportunities?
- In which high-priority areas do we lack focus?